Travel Health Advice for Schools



Communicable Diseases Agency Singapore
Prepare · Prevent · Protect

Students and staff travelling overseas, as well as schools hosting overseas visitors, please take note of this travel health advice.

Before you go

Plan ahead. Travel safer.

Visit a travel health clinic or doctor 4–6 weeks before travel. Get a health risk assessment.

Check what vaccinations and preventive medications you need based on your destination, activities and health.

Stay up to date with routine vaccinations Follow the NCIS / NAIS.

NCIS – National Childhood Immunisation Schedule
NAIS – National Adult Immunisation Schedule

During Travel

Simple habits make a big difference.

Reduce Infection Risk: Wash your hands regularly; use hand sanitiser with at least 60% alcohol when needed, and wear a mask in crowded areas.

Eat and Drink Safely: Choose fully cooked food and bottled or boiled water. Avoid food prepared under unsanitary conditions.

Prevent insect and animal bites/scratches: Use insect repellent containing DEET, Picaridin or IR3535, and avoid feeding or touching animals.

After Travel

Look out for your health.

Seek medical attention promptly if unwell. Wear a surgical mask if you have respiratory symptoms.

Tell your healthcare provider about your travel. Share where you travelled and what you did.

Mention any possible exposures. E.g. sick contacts, animals, insect bites, soil/water or potentially contaminated food.

Travelling to, or hosting guests from Latin America or Africa?

Some countries have a risk of yellow fever transmission. Here's what you need to know.

1. Get vaccinated against yellow fever before travel

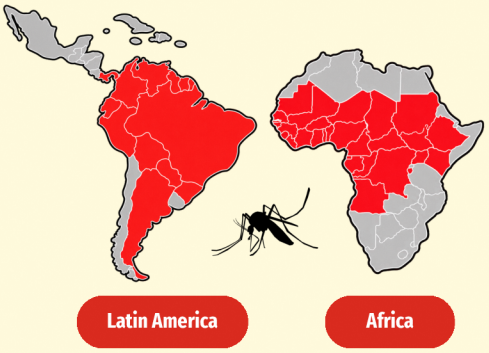
Travellers visiting countries with a risk of yellow fever transmission are advised to get vaccinated at least 10 days before travel for the vaccine to take effect and provide protection against yellow fever.

2. A valid yellow fever vaccination certificate is required

Travellers with a travel history to countries with a risk of yellow fever transmission (regardless of area, region or city) in the 6 days before arrival must present a valid yellow fever vaccination certificate upon arrival in Singapore. This requirement also applies to travellers who have spent more than 12 hours in airport transit in a country with a risk of yellow fever transmission.

3. Travellers without a valid certificate will be quarantined

Travellers without a valid yellow fever vaccination certificate will be quarantined for 6 days from departure from the risk country, at a designated government facility.



Countries shaded in red indicate a risk of yellow fever transmission.

More information on recommended vaccinations under the National Childhood Immunisation Schedule (NCIS) and National Adult Immunisation Schedule (NAIS) can be accessed at: https://go.gov.sg/publicvaccinations

More information on yellow fever, including the countries with risk of yellow fever transmission can be accessed at: https://go.gov.sg/yfpublic

For more tips to stay safe from health risks while abroad, refer to our health advice for travellers page at: https://go.gov.sg/travellershealthadvice